

We have however to remember that races have very seldom remained undisturbed in their marriage connections, but have usually suffered admixture with other races which have migrated amongst them. This introduces a factor of immense importance. At the present day, migration generally takes the form of peaceful colonization: but in the past the history of mankind has been a continuous record of warlike aggression. In some cases the conquerors appear to have almost exterminated the people they subdued: this seems to have been the ideal of the Hebrews when they colonized Palestine, and our Saxon forefathers do not appear to have left very many of the native inhabitants of England to adulterate their kind in future generations. But in the great majority of cases the conquerors have been content to reduce the natives to serfdom or helotage, and have endeavoured to safeguard the purity of their race by rigid restrictions upon intermarriage. So the Arvan invaders of India established a caste system: the Spartans punished unions between themselves and their helots by degrading the offspring: the patricians of Rome denied the *ius conubii* to the plebeians, and the Americans of to-day visit with the severest social penalties any sexual relations between their own kind and those who possess even a few drops of negro blood. But in the past these restrictions

have failed with the passage of time,
and mixed unions have generally brought the two races
together.

The effects of cross-breeding are many and diverse. As is well known to breeders, a small admixture of strong alien blood may increase very greatly the strength and certain qualities of a line. This is particularly the case when the